



UPPER CANADA

District School Board

International Education

Program Newsletter / Winter 2023

The International Student Experience

Alight At Night

The winter snow may be white but on December 20th we lit up the night with colour.

Canada Homestay Network students and their families were invited to a private evening of lights, music, and plenty of hot chocolate at Upper Canada Village. Students and their host families had the chance to experience a traditional Canadian village decorated for the Christmas season.

Thank you to everyone who braved the cold weather to join us. We hope you all had a very merry Christmas and happy new year!

A special thank you to @withluv.aya for photos!



Quebec City Carnival Trip



In our first major trip of the new year students were invited to embrace Canadian winter and experience the highlights of the Quebec City Carnival. It may have been a cold and snowy weekend but we were warmed by friendship!

100 students joined us for the overnight trip that started with a visit to the Carnival and ended the first night with an authentic Sugar Shack meal. The meal was accompanied by some local music that had students on their feet and enjoying the joie de vivre of la belle province.

On day two students got to enjoy a walking tour of historic old Quebec City as well as a visit to the Ice Palace and the fantastic sculptures before heading back to Upper Canada in the evening.

Thank you to @violi_emma and friends @nanumro, @lucapvale, and @lisse_tier for the photo with the one and only Bonhomme Carnival.

Upcoming Events For International Students



- **Sugar Bush Tours**

- What is more Canadian than getting to see how maple syrup is made? There will be 3 different locations for students across the district. Make sure to bring your sweet tooth.



- **Montreal overnight trip - April 2023**

- Experience French Canadian culture in this world class destination just around the corner from Upper Canada. Details and registration for the trip to be released soon so be sure to watch your emails and social media.



- **Toronto overnight trip - May 2023**
 - Who can come to Canada and not visit our biggest city?! Experience some of the highlights of Ontario's capital and the thrills of Canada's Wonderland, the largest theme park in Canada. Trip details will be announced in the spring.

The UCDSB Hosting Experience

Hosting an international student is a great way to bring the world to your home and teach your children about international cultures and perspectives. Homestay families with the UCDSB international education program receive a monthly stipend to support any costs associated with hosting. Please click the host image below or visit www.whyihost.ca if you are interested in hosting and see how it might be a great fit for you and your family!



Host Testimonial

Ana Pereira & Rocco Iannito

Hi! My name is Ana. Rocco and I started hosting 5 years ago because our house felt empty after my children went away to university. Having a host student brings joy back into our home! They make us experience the world through their eyes. We have been able to keep a lifelong friendship with all of our host students.

International Opportunities For UCDSB Students

AFS International Exchange Program

Nous aidons les jeunes à acquérir les compétences interculturelles essentielles pour faire la différence. Encouragez-les à devenir des citoyens du monde en participant à notre programme d'échange international!

We empower young people from all backgrounds with essential global skills - and the passion for making a difference. Encourage them to become global citizens by taking part in our international exchange program!

VIVRE UNE EXPÉRIENCE INTERCULTURELLE. REVENIR PLUS GRANDE
TO LIVE AN INTERCULTURAL EXPERIENCE IS TO GROW AS A PERSON

Plus d'infos / Find more
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AFS Interculture Canada

International Student Profile

Praewa Chayasadom

Thailand - Perth & District Collegiate Institute

Praewa started her studies in September 2022. She was drawn to study in Canada due to our reputation for safety and quality education. She's happy to report that both of these things were true! She lives in Perth and enjoys the town. It's small enough that it's not too busy but still has enough things for her to enjoy.

In Thailand students take 8 subjects in a day and the school day is a little longer. 4 courses and a shorter day was a change of pace but she enjoys the ability to choose some of her courses through electives. She also likes how we change classrooms in Canada as it gives her a chance to meet new friends in every class.

The Christmas break was one of her highlights from the last few months. She cut and decorated a real Christmas tree and baked a lot of Christmas cookies. Praewa has also joined a few of our student trips so far. She recently joined the Quebec City trip and loved the tour through the Old Town along with a fresh bag of 'Quebec-style' popcorn.

Praewa can't think of anything in specific she would let students know before coming to Canada. All she knows for sure is that if she could turn back time she wouldn't hesitate to join this experience again and come to Canada!

A big thank you to Praewa for sharing her story. You can follow Praewa on Instagram @praee.c, or by clicking the photos below.

Quebec city

@prae.c

start

Quebec Night Vibe

@sugar shack dinner

home

@ice hotel

pineapple juice in an ice glass!

we made a MAPLE TAFFEE!

@hotel day 2

Old Town Quebec tour

MORNING coffee

Free Time in Quebec City

Ice Cream!

Quebec-style POPCORN! (Maple + white cheddar & cheddar core)

(another bag of popcorn for me)

What I've Baked so far

@prae.c

Peanut Butter cookies

Maple Pecan cookies

Red Velvet Cream cheese sandwich

Chocolate almond cluster

Ginger Pecan Loaf

vanilla cake with Peanut Butter-chocolate frosting

chocolate CRINKLE cookies

Ginger Molasses cookies

SKOR-Biscoff Brownie